

THE WHITE HOUSE SURGERY
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FLU CLINICS 2018

Flu vaccination provides the best protection against an unpredictable virus which infects many people and can cause serious illness and death each year.

The vaccination is free and recommended yearly for those most at risk of flu including:

- Children aged 2 to 9 years old *
- Pregnant women
- Anyone living with a long term medical condition
- Everyone aged 65 and over
- People with caring responsibilities

For 2018, there are 3 types of flu vaccine:

- A live quadrivalent vaccine (which protects against 4 strains of flu), given as a nasal spray. This is for children and young people aged 2 to 17 years eligible for the flu vaccine.
- A quadrivalent injected vaccine. This is for adults aged 18 and over but below the age of 65 who are at increased risk from flu because of a long-term health condition and for children 6 months and above in an eligible group who cannot receive the live vaccine.
- An adjuvanted injected vaccine. This is for people aged 65 and over.

If there is someone you rely on to care for you, please ask them to contact their own GP practice as they may be eligible for a free flu vaccination.

If you do not wish to have a flu vaccination this year, or have had this elsewhere please let us know so that we can update your records.

Because of the variety of vaccines being given this year, along with a planned slower supply of the vaccine for those aged 65+ we have had to spread our clinics from Oct – Nov which is later than in previous years and we ask that you bear with us – we have ordered enough vaccines to immunize all eligible patients but those most vulnerable patients will be prioritized.

Yours sincerely

Dr C Morton, Dr M Draper, Dr M Emes

*Pre-school children aged 2 to 3 years will be vaccinated at their general practice. Children 4 to 9 years will usually be vaccinated at school.

For more information visit: www.nhs.uk/flujab

WHO CAN HAVE A FLU JAB ?

If you fall into the following groups you are entitled to a free flu vaccine, please come to one of the drop in clinics.

Moreton Surgery		
Saturday	13 th October	9:00am - 12:00pm
Monday		29 th October
		5:00pm - 7:30pm
Blockley Surgery		
Friday	16 th November	9:00am - 12:00pm

- ❖ Aged 65 or over
- ❖ Pregnant Women
- ❖ Lung Disease or Asthma
- ❖ Strokes
- ❖ Heart Disease
- ❖ Kidney Disease
- ❖ Liver Disease
- ❖ Diabetes
- ❖ Immunosuppression
- ❖ If you have no spleen
- ❖ Morbidly obese (BMI >40)
- ❖ Those living in long-stay residential homes or other long-stay facilities
- ❖ Carers and Health Care workers

IF YOU WOULD LIKE TO KNOW MORE PLEASE
CONTACT US ON 01608 650317