

Free online art sessions for adults living with or moving on from cancer



If you live in Gloucestershire & you're going through or recovering from cancer treatment, give yourself a lift & contact us:

03000 200102 or referrals@artlift.org

- ✓ Online course with trained artist over 10 weeks
- ✓ Explore making, drawing & painting with people who care
- ✓ Monday 22 Feb to Monday 3 May, 1.00-3.00pm each week

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This has made me feel better physically and my sleep has improved.

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